

The Cedar Community Club

The Cedar Community Club is a day-care facility for the elderly, which provides a welcoming, safe and stimulating meeting place for residents from nearby villages. The Club runs two days a week, Tuesdays and Wednesdays, for 50 weeks of the year, and is open from 9:30 to 3:00. Although based in Hinton Waldrist Village Hall, our members come from Longworth, Kingston Bagpuize and Southmoor, Fyfield, Appleton and Charney Bassett, with some coming from further afield. The Club provides a great range of activities including arts and crafts, singing and music, seated exercises, games and puzzles, together with many sessions with visiting choirs and music groups and other entertainers. There is a two-course meal provided together with snacks with tea and coffee throughout the day. There are regular trips out by minibus, and previous excursions have included shopping trips and pub lunches, together with cream teas at garden centres and even a specially curated tour of the Ashmolean Museum. There are strong links with the local charity **Helping Hands 4 Villages**, which may be able to provide transport to and from the Club.

Although the Club had to shut last March in the face of the growing pandemic, it is planning to re-open on 20 July.

The Club is dementia-friendly and welcomes members with mild to moderate dementia. It can also accommodate members with limited mobility or those with impaired sight or hearing. As such, the Club provides vital respite care and support for carers.

The Club is a non-profit-making registered charity, and five of the 8 trustees are Longworth residents. Further details are available from our website: www.thecedarcommunityclub.com.